

## *Strength for the Journey Series...*

# HOLDING ON WHEN LIFE FEELS UNCERTAIN

- What do you do when life doesn't make sense and God stays silent? When plans \_\_\_\_\_, jobs \_\_\_\_\_, diagnoses \_\_\_\_\_, and grief \_\_\_\_\_.  
How do we hold on to faith when everything else is falling apart?
- The objective of this lesson is to help us understand that "Holding on" doesn't mean "Pretending "to be okay. But it means \_\_\_\_\_. It means \_\_\_\_\_; and \_\_\_\_\_ when the path is covered with fog.
- In this lesson, we will discuss the wisdom of trusting God's \_\_\_\_\_ – Proverbs 3:5-6 and the wisdom of trusting God's \_\_\_\_\_, even in grief– Job 1:20-22.

### I. RELEASE CONTROL AND RELY COMPLETELY

- \_\_\_\_\_
- Exegetical breakdown:
  - \_\_\_\_\_ – Batah– to be confident, sure and secure; with no fear or worry
  - \_\_\_\_\_ – Bekhol Libbekha – the mind, will, intellect, and seat of inner decision making; the surrender of your full self – thoughts, desires, plans, and reasoning

- **Trusting God with all your heart is an intellectual, emotional, and volitional \_\_\_\_\_.** It's not partial confidence, it's \_\_\_\_\_.
- \_\_\_\_\_ – Sha'an Binah –  
to rest upon, to support oneself, as in leaning on a cane;  
Discernment, insight or reasoning
  - Don't rely on your own ability to \_\_\_\_\_,  
even when your \_\_\_\_\_.
  - \_\_\_\_\_ always \_\_\_\_\_ our best  
\_\_\_\_\_.
  - \_\_\_\_\_ always \_\_\_\_\_ our  
best \_\_\_\_\_.
- **KEY TAKE-AWAY**
  1. When we try to \_\_\_\_\_ before trusting God, we are leaning on our own understanding.
  2. Resolve that you will surrender to God by declaring, "Lord I don't have to \_\_\_\_\_ to \_\_\_\_\_."

## II. INTENTIONALLY INCLUDE GOD IN EVERY AREA OF YOUR LIFE

- \_\_\_\_\_
- Exegetical breakdown:

- \_\_\_\_\_ – Derek –course; road or journey.  
Refers to every part of life – relationships, finances, decisions, failure, success, and career
- \_\_\_\_\_ – Yada – to perceive, to know intimately.
  - Doesn't mean just to notice God, but to \_\_\_\_\_  
Him as Lord in \_\_\_\_\_
  - To "Acknowledge God" means to make \_\_\_\_\_  
\_\_\_\_\_ in the everyday \_\_\_\_\_  
\_\_\_\_\_ of our lives.
- KEY TAKE-AWAYS:
  1. Before reacting or deciding, \_\_\_\_\_.
  2. Don't just \_\_\_\_\_ – include Him in routine, relational and vocational decisions.
  3. Filter everything through the Word, measure choices against scripture.